

Dystans: 11200m Kategoria: K20

| Lp. | Rocznik | Imię | Nazwisko | 5,6km netto | Czas netto | Czas brutto |
|-----|---------|------------|--------------|-------------|------------|-------------|
| 1 | 1978 | Justyna | Frączek | 0:29:11.20 | 0:59:53.46 | 0:59:58.21 |
| 2 | 1982 | Agnieszka | Krowicka | 0:29:59.81 | 1:1:16.21 | 1:1:19.11 |
| 3 | 1989 | Iwona | Sulowska | 0:30:52.98 | 1:3:3.80 | 1:3:4.92 |
| 4 | 1979 | Izabela | Hanus | 0:33:25.11 | 1:10:10.40 | 1:10:12.59 |
| 5 | 1980 | Lidia | Czerwionka | 0:34:51.68 | 1:10:10.32 | 1:10:14.13 |
| 6 | 1979 | Urszula | Tyrankiewicz | 0:34:38.49 | 1:12:18.9 | 1:12:34.94 |
| 7 | 1989 | Dorota | Mazia | 0:36:25.57 | 1:12:39.59 | 1:12:43.17 |
| 8 | 1981 | Aga | Solik | 0:35:57.26 | 1:14:14.69 | 1:14:20.33 |
| 9 | 1980 | Monika | Stefańczyk | 0:37:4.77 | 1:15:30.15 | 1:15:44.42 |
| 10 | 1984 | Jolanta | Obrął | 0:37:28.92 | 1:16:23.85 | 1:16:33.72 |
| 11 | 1988 | Jaga | Nowakowska | 0:37:35.79 | 1:16:29.49 | 1:16:33.87 |
| 12 | 1987 | Małgorzata | Chmielewska | 0:37:8.71 | 1:16:24.59 | 1:16:34.48 |
| 13 | 1989 | Kinga | Stus | 0:37:57.20 | 1:19:47.59 | 1:19:52.10 |
| 14 | 1986 | Aleksandra | Makuch | 0:45:23.48 | 1:25:56.37 | 1:26:10.53 |
| 15 | 1984 | Iga | Bunsch | 0:41:32.19 | 1:26:29.41 | 1:26:31.68 |
| 16 | 1982 | Anna | Grzybowska | 0:43:12.99 | 1:28:22.45 | 1:28:40.34 |
| 17 | 1978 | Ewa | Bawofek | 0:45:8.46 | 1:29:6.23 | 1:29:22.61 |
| 18 | 1983 | Małgorzata | Śmieszek | 0:44:8.63 | 1:29:47.47 | 1:29:58.76 |
| 19 | 1982 | Katarzyna | Lisik | 0:44:22.76 | 1:30:40.36 | 1:30:55.2 |
| 20 | 1980 | Justyna | Lisik | 0:44:24.6 | 1:30:41.2 | 1:30:55.16 |

Dystans: 11200m Kategoria: K35

| Lp. | Rocznik | Imię | Nazwisko | 5,6km netto | Czas netto | Czas brutto |
|-----|---------|--------|-------------------|-------------|------------|-------------|
| 1 | 1977 | Iwona | Flaga | 0:31:43.65 | 1:4:3.35 | 1:4:8.88 |
| 2 | 1976 | Kinga | Pachura | 0:32:25.98 | 1:7:21.9 | 1:7:22.68 |
| 3 | 1977 | Anna | Pięta | 0:34:39.78 | 1:11:22.97 | 1:11:28.61 |
| 4 | 1977 | Eliza | Maławska-Kłusek | 0:35:29.30 | 1:11:28.23 | 1:11:41.72 |
| 5 | 1967 | Lidia | Bajorek | 0:35:57.36 | 1:11:40.39 | 1:11:54.11 |
| 6 | 1974 | Joanna | Rumińska-Pietrzyk | 0:36:29.90 | 1:14:31.13 | 1:14:32.45 |
| 7 | 1970 | Dorota | Wilgocka-Słęzak | 0:36:46.93 | 1:15:31.42 | 1:15:37.22 |
| 8 | 1969 | Anna | Baś | 0:41:5.51 | 1:24:3.67 | 1:24:12.27 |

Dystans: 11200m Kategoria: K50

| Lp. | Rocznik | Imię | Nazwisko | 5,6km netto | Czas netto | Czas brutto |
|-----|---------|--------|----------|-------------|------------|-------------|
| 1 | 1953 | Teresa | Stochel | 0:43:5.10 | 1:27:46.89 | 1:27:51.47 |

Dystans: 11200m Kategoria: M16

| Lp. | Rocznik | Imię | Nazwisko | 5,6km netto | Czas netto | Czas brutto |
|-----|---------|---------|--------------|-------------|------------|-------------|
| 1 | 1993 | Bartosz | Świerczyński | 0:26:6.54 | 0:53:37.48 | 0:53:38.80 |
| 2 | 1993 | Mateusz | Sporysz | 0:28:30.21 | 0:58:43.25 | 0:58:46.39 |
| 3 | 1995 | Tomasz | Danielak | 0:31:48.5 | 1:4:3.81 | 1:4:5.99 |

Dystans: 11200m Kategoria: M20

| Lp. | Rocznik | Imię | Nazwisko | 5,6km netto | Czas netto | Czas brutto |
|-----|---------|------------|------------|-------------|------------|-------------|
| 1 | 1992 | Marcin | Zemła | 0:24:5.82 | 0:49:6.84 | 0:49:8.66 |
| 2 | 1979 | Władysław | Wachulec | 0:25:2.82 | 0:50:34.70 | 0:50:39.52 |
| 3 | 1978 | Robert | Czech | 0:25:30.62 | 0:52:25.20 | 0:52:26.51 |
| 4 | 1988 | Tomasz | Kobos | 0:26:17.6 | 0:53:29.25 | 0:53:31.0 |
| 5 | 1985 | Wojciech | Agiejczyk | 0:26:52.87 | 0:53:50.70 | 0:53:53.61 |
| 6 | 1978 | Jacek | Gil | 0:26:0.23 | 0:53:54.15 | 0:53:59.11 |
| 7 | 1988 | Olek | Ostrowski | 0:26:19.78 | 0:54:13.67 | 0:54:16.71 |
| 8 | 1986 | Łukasz | Machłowski | 0:26:30.35 | 0:54:28.37 | 0:54:34.27 |
| 9 | 1981 | Szymon | Góralczyk | 0:27:3.75 | 0:55:3.60 | 0:55:6.88 |
| 10 | 1981 | Tomasz | Pająk | 0:27:11.19 | 0:55:48.26 | 0:55:53.3 |
| 11 | 1986 | Rafał | Bogacki | 0:26:59.98 | 0:55:53.27 | 0:55:58.90 |
| 12 | 1987 | Jakub | Majchrzak | 0:27:32.46 | 0:56:4.33 | 0:56:7.57 |
| 13 | 1978 | Krzysztof | Kammer | 0:30:10.15 | 0:59:1.35 | 0:59:8.66 |
| 14 | 1984 | Jan | Jodłowski | 0:28:44.68 | 0:59:17.18 | 0:59:20.21 |
| 15 | 1978 | Tomasz | Procajło | 0:28:59.31 | 0:59:22.95 | 0:59:25.56 |
| 16 | 1979 | Tomasz | Gorszko | 0:30:7.81 | 1:1:9.55 | 1:1:13.98 |
| 17 | 1978 | Grzegorz | Popczyk | 0:30:51.74 | 1:2:22.18 | 1:2:25.90 |
| 18 | 1988 | Tomasz | Zacharias | 0:30:47.27 | 1:3:25.43 | 1:3:30.66 |
| 19 | 1984 | Grzegorz | Kasprzak | 0:30:48.34 | 1:3:35.28 | 1:3:38.41 |
| 20 | 1984 | Aleksander | Kostka | 0:29:22.92 | 1:3:55.60 | 1:3:58.26 |
| 21 | 1981 | Wojciech | Baran | 0:30:58.82 | 1:3:53.87 | 1:3:58.88 |
| 22 | 1988 | Mateusz | Górecki | 0:31:57.35 | 1:4:46.23 | 1:4:49.27 |
| 23 | 1980 | Jan | Skrzynski | 0:31:19.42 | 1:4:49.3 | 1:4:52.92 |
| 24 | 1985 | Krzysztof | Różalski | 0:32:8.41 | 1:5:16.50 | 1:5:37.12 |
| 25 | 1979 | Bartłomiej | Pieniądz | 0:32:5.43 | 1:5:55.20 | 1:6:0.49 |
| 26 | 1983 | Tomasz | Nowicki | 0:32:58.46 | 1:6:21.0 | 1:6:30.72 |
| 27 | 1980 | Tomasz | Śliwa | 0:32:47.20 | 1:6:31.56 | 1:6:36.80 |
| 28 | 1988 | Jakub | Fajfer | 0:32:31.79 | 1:6:37.25 | 1:6:49.54 |
| 29 | 1988 | Mateusz | Karkula | 0:32:47.10 | 1:7:13.55 | 1:7:18.56 |
| 30 | 1979 | Marek | Jankosz | 0:33:28.25 | 1:7:26.74 | 1:7:40.5 |
| 31 | 1983 | Wojtek | Karnaś | 0:32:47.24 | 1:7:44.13 | 1:7:52.26 |
| 32 | 1979 | Dariusz | Ornatowski | 0:32:31.74 | 1:7:54.67 | 1:7:59.39 |
| 33 | 1978 | Michał | Olejko | 0:32:32.65 | 1:8:4.2 | 1:8:5.68 |
| 34 | 1984 | Bartosz | Zugaj | 0:32:49.20 | 1:8:5.17 | 1:8:6.95 |
| 35 | 1982 | Michał | Listwan | 0:32:38.59 | 1:9:10.20 | 1:9:15.75 |
| 36 | 1981 | Paweł | Wielicki | 0:33:4.30 | 1:10:8.61 | 1:10:11.96 |
| 37 | 1982 | Tomasz | Świętoń | 0:34:46.64 | 1:10:17.2 | 1:10:21.16 |
| 38 | 1990 | Michał | Wójcik | 0:36:6.17 | 1:10:23.14 | 1:10:38.25 |
| 39 | 1991 | Piotr | Kaniewski | 0:35:36.15 | 1:10:27.99 | 1:10:38.85 |
| 40 | 1986 | Clement | Genoux | 0:34:11.43 | 1:10:57.1 | 1:10:58.47 |
| 41 | 1986 | Tomasz | Porzycki | 0:35:3.4 | 1:11:37.68 | 1:11:43.10 |
| 42 | 1983 | Dariusz | Gradzi | 0:36:10.75 | 1:11:56.97 | 1:12:7.50 |
| 43 | 1985 | Adam | Zachurzok | 0:31:26.57 | 1:12:11.99 | 1:12:18.36 |
| 44 | 1978 | Paweł | Kaczmarek | 0:35:37.68 | 1:12:5.72 | 1:12:18.90 |
| 45 | 1989 | Łukasz | Oczoś | 0:34:7.79 | 1:12:18.35 | 1:12:30.81 |
| 46 | 1978 | Przemysław | Rymarczyk | 0:34:14.42 | 1:12:27.77 | 1:12:39.33 |
| 47 | 1989 | Szymon | Makuch | 0:37:19.76 | 1:13:19.44 | 1:13:32.77 |
| 48 | 1983 | Jan | Kraus | 0:35:40.26 | 1:14:8.55 | 1:14:10.23 |
| 49 | 1985 | Piotr | Jakóbczyk | 0:35:52.61 | 1:14:57.50 | 1:15:0.3 |
| 50 | 1979 | Mateusz | Baś | 0:36:9.34 | 1:15:13.20 | 1:15:22.24 |
| 51 | 1978 | Andrzej | Fedorowicz | 0:36:14.80 | 1:16:8.51 | 1:16:25.81 |
| 52 | 1982 | Łukasz | Miszk | 0:37:36.1 | 1:16:35.58 | 1:16:38.36 |
| 53 | 1986 | Michał | Močko | 0:38:24.42 | 1:16:25.5 | 1:16:41.87 |
| 54 | 1980 | Norbert | Dworak | 0:37:37.55 | 1:17:27.56 | 1:17:33.3 |
| 55 | 1986 | Konrad | Polek | 0:37:14.79 | 1:18:29.32 | 1:18:52.75 |
| 56 | 1981 | Grzegorz | Sikora | 0:0:0.0 | 1:19:26.87 | 1:19:30.0 |
| 57 | 1980 | Gabriel | Cios | 0:34:46.28 | 1:18:20.67 | 1:23:21.50 |
| 58 | 1991 | Patrice | Ricour | 0:42:2.40 | 1:24:35.97 | 1:24:38.98 |
| 59 | 1981 | Tomasz | Owerko | 0:40:36.34 | 1:25:14.40 | 1:25:28.71 |
| 60 | 1981 | Łukasz | Kopka | 0:43:10.38 | 1:33:0.22 | 1:33:4.33 |

Dystans: 11200m Kategoria: M35

| Lp. | Rocznik | Imię | Nazwisko | 5,6km netto | Czas netto | Czas brutto |
|-----|---------|-------------|--------------|-------------|------------|-------------|
| 1 | 1970 | Rafał | Krzemień | 0:25:1.47 | 0:50:42.27 | 0:50:46.33 |
| 2 | 1974 | Ireneusz | Gwaluga | 0:25:30.36 | 0:51:40.40 | 0:51:42.84 |
| 3 | 1975 | Robert | Makowiec | 0:25:45.46 | 0:52:13.61 | 0:52:16.4 |
| 4 | 1964 | Sławomir | Łabuziński | 0:26:41.64 | 0:54:27.89 | 0:54:32.55 |
| 5 | 1977 | Wojciech | Pietrzyk | 0:26:55.15 | 0:55:20.53 | 0:55:25.11 |
| 6 | 1975 | Sylwestr | Półtorak | 0:26:52.53 | 0:55:38.9 | 0:55:40.45 |
| 7 | 1968 | Artur | Kijanka | 0:27:37.15 | 0:56:11.33 | 0:56:15.6 |
| 8 | 1967 | Maciej | Mierzwa | 0:28:8.28 | 0:57:6.33 | 0:57:11.89 |
| 9 | 1975 | Łukasz | Harasimowicz | 0:27:54.10 | 0:57:24.79 | 0:57:29.68 |
| 10 | 1974 | Rafał | Müldner | 0:28:31.8 | 0:57:33.4 | 0:57:37.81 |
| 11 | 1971 | Rafał | Tylek | 0:28:47.26 | 0:58:12.1 | 0:58:13.73 |
| 12 | 1973 | Jarosław | Maślanka | 0:27:47.80 | 0:58:19.80 | 0:58:23.31 |
| 13 | 1975 | Maciej | Burda | 0:29:26.14 | 0:59:46.30 | 1:0:2.57 |
| 14 | 1971 | Tomasz | Ślęzak | 0:29:20.20 | 1:0:29.93 | 1:0:34.8 |
| 15 | 1973 | Mariusz | Wijas | 0:30:27.22 | 1:1:25.92 | 1:1:32.50 |
| 16 | 1968 | Jerzy | Pajewski | 0:30:54.4 | 1:2:18.68 | 1:2:22.57 |
| 17 | 1977 | Marek | Woźniak | 0:31:18.77 | 1:2:37.53 | 1:2:39.37 |
| 18 | 1964 | Robert | Drużkowski | 0:31:10.9 | 1:2:53.21 | 1:2:53.21 |
| 19 | 1972 | Łukasz | Bułka | 0:31:34.77 | 1:2:48.1 | 1:3:4.32 |
| 20 | 1973 | Wojciech | Ścieszka | 0:31:46.90 | 1:3:3.63 | 1:3:8.81 |
| 21 | 1972 | Kazimierz | Grzyb | 0:31:33.47 | 1:3:11.15 | 1:3:15.44 |
| 22 | 1965 | Bogdan | Matejko | 0:31:18.71 | 1:4:0.47 | 1:4:2.71 |
| 23 | 1971 | Marek | Figiel | 0:30:13.70 | 1:4:2.88 | 1:4:4.98 |
| 24 | 1974 | Bogdan | Susuł | 0:32:17.20 | 1:4:23.4 | 1:4:24.26 |
| 25 | 1968 | Łukasz | Bieńkowski | 0:31:42.87 | 1:5:17.46 | 1:5:20.86 |
| 26 | 1970 | Roman | Sosnowski | 0:32:10.60 | 1:5:49.67 | 1:5:58.52 |
| 27 | 1972 | Michał | Bzowski | 0:32:29.29 | 1:6:11.36 | 1:6:27.42 |
| 28 | 1975 | Piotr | Błachut | 0:33:34.29 | 1:7:0.15 | 1:7:5.1 |
| 29 | 1977 | Wojciech | Rykała | 0:32:35.47 | 1:7:48.88 | 1:7:51.94 |
| 30 | 1971 | Jarosław | Błaszczak | 0:33:12.73 | 1:8:1.32 | 1:8:6.10 |
| 31 | 1976 | Dariusz | Zagórski | 0:32:37.17 | 1:8:8.86 | 1:8:18.92 |
| 32 | 1977 | Michał | Madeyski | 0:33:12.11 | 1:8:8.46 | 1:8:24.39 |
| 33 | 1966 | Jacek | Jaciubek | 0:34:19.90 | 1:8:48.10 | 1:8:51.89 |
| 34 | 1976 | Dariusz | Kafarowski | 0:33:31.16 | 1:9:4.61 | 1:9:6.82 |
| 35 | 1976 | Tomasz | Talaga | 0:33:26.78 | 1:9:28.78 | 1:9:34.91 |
| 36 | 1977 | Artur | Susz | 0:33:42.57 | 1:9:34.71 | 1:9:38.86 |
| 37 | 1973 | Krzysztof | Piłśniak | 0:34:7.85 | 1:9:55.20 | 1:10:1.81 |
| 38 | 1974 | Paweł | Wiśniewski | 0:33:53.62 | 1:10:3.4 | 1:10:14.6 |
| 39 | 1965 | Stanisław | Rogasch | 0:34:56.28 | 1:9:54.77 | 1:10:15.90 |
| 40 | 1976 | Karol | Barzyk | 0:33:49.68 | 1:10:15.31 | 1:10:20.77 |
| 41 | 1971 | Sławomir | Małyszka | 0:33:47.47 | 1:10:40.93 | 1:10:44.70 |
| 42 | 1972 | Paweł | Ulatowski | 0:35:0.55 | 1:11:9.3 | 1:11:26.83 |
| 43 | 1968 | Wieńczysław | Kamyczek | 0:34:56.40 | 1:11:37.83 | 1:11:54.74 |
| 44 | 1968 | Robert | Kania | 0:35:13.12 | 1:12:30.11 | 1:12:32.39 |
| 45 | 1967 | Roman | Danielak | 0:38:7.90 | 1:12:45.94 | 1:12:47.17 |
| 46 | 1973 | Dariusz | Piasecki | 0:34:52.17 | 1:12:43.90 | 1:12:49.85 |
| 47 | 1971 | Krzysztof | Sporysz | 0:35:15.82 | 1:13:55.74 | 1:13:58.42 |
| 48 | 1971 | Szymon | Ciapała | 0:36:2.72 | 1:13:54.54 | 1:14:8.0 |
| 49 | 1974 | Bartosz | Kosmala | 0:34:59.9 | 1:14:41.67 | 1:14:51.57 |
| 50 | 1964 | Mirosław | Madej | 0:36:12.85 | 1:15:0.25 | 1:15:16.49 |
| 51 | 1966 | Jarosław | Kuć | 0:32:25.48 | 1:15:34.76 | 1:15:44.1 |
| 52 | 1973 | Jacek | Śpiewak | 0:36:41.17 | 1:16:40.45 | 1:16:44.9 |
| 53 | 1975 | Grzegorz | Ślęczek | 0:37:42.27 | 1:16:48.81 | 1:16:57.59 |
| 54 | 1973 | Wojciech | Kościelny | 0:35:44.16 | 1:17:47.64 | 1:17:53.30 |
| 55 | 1972 | Sebastian | Kulczycki | 0:38:56.12 | 1:18:43.73 | 1:18:49.5 |
| 56 | 1975 | Grzegorz | Wójcik | 0:39:20.77 | 1:19:19.71 | 1:19:22.72 |
| 57 | 1970 | Marcin | Jachym | 0:38:44.55 | 1:21:31.25 | 1:21:40.38 |
| 58 | 1970 | Andrzej | Kociotek | 0:39:59.63 | 1:23:5.92 | 1:23:22.95 |
| 59 | 1967 | Roman | Wątroba | 0:40:49.47 | 1:24:20.88 | 1:24:23.81 |
| 60 | 1966 | Robert | Nowak | 0:39:6.41 | 1:25:19.69 | 1:25:34.65 |
| 61 | 1966 | Józef | Forystek | 0:40:42.63 | 1:25:59.57 | 1:26:1.30 |
| 62 | 1976 | Andrzej | Góralczyk | 0:40:42.92 | 1:26:3.62 | 1:26:8.42 |
| 63 | 1972 | Tomasz | Poznański | 0:44:26.34 | 1:31:56.55 | 1:32:7.55 |
| 64 | 1973 | Paweł | Lenda | 0:45:31.79 | 1:33:56.28 | 1:34:15.48 |
| 65 | 1964 | Marian | Kratochwil | 0:45:9.57 | 1:34:48.22 | 1:34:58.78 |

Dystans: 11200m Kategoria: M50

| Lp. | Rocznik | Imię | Nazwisko | 5,6km netto | Czas netto | Czas brutto |
|-----|---------|------------|------------|-------------|------------|-------------|
| 1 | 1961 | Bogusław | Kaliciński | 0:28:9.49 | 0:57:30.1 | 0:57:33.74 |
| 2 | 1958 | Jerzy | Kryjomski | 0:29:34.25 | 1:0:6.48 | 1:0:8.3 |
| 3 | 1962 | Edward | Wiorek | 0:30:52.97 | 1:3:15.94 | 1:3:20.96 |
| 4 | 1961 | Andrzej | Radczak | 0:32:23.95 | 1:5:18.99 | 1:5:24.15 |
| 5 | 1959 | Zbigniew | Rajtar | 0:32:35.36 | 1:7:9.79 | 1:7:12.38 |
| 6 | 1955 | Krzysztof | Bębenek | 0:34:16.30 | 1:11:48.29 | 1:11:59.75 |
| 7 | 1962 | Piotr | Muszyński | 0:34:34.7 | 1:12:7.27 | 1:12:13.25 |
| 8 | 1959 | Grzegorz | Przebinda | 0:31:59.16 | 1:15:35.1 | 1:15:43.97 |
| 9 | 1948 | Stanisław | Kruczek | 0:36:10.55 | 1:12:51.13 | 1:16:56.37 |
| 10 | 1958 | Paweł | Schwertner | 0:37:50.51 | 1:17:18.54 | 1:17:20.13 |
| 11 | 1952 | Stanisław | Wiatr | 0:41:22.98 | 1:23:33.82 | 1:23:38.86 |
| 12 | 1951 | Wojciech | Kopka | 0:42:5.18 | 1:24:41.13 | 1:24:43.0 |
| 13 | 1956 | Mieczysław | Nowak | 0:48:7.99 | 1:43:13.2 | 1:43:15.6 |

Dystans: 11200m Kategoria: M65

| Lp. | Rocznik | Imię | Nazwisko | 5,6km netto | Czas netto | Czas brutto |
|-----|---------|----------|-----------|-------------|------------|-------------|
| 1 | 1946 | Jan | Ziółko | 0:36:29.99 | 1:12:55.19 | 1:13:0.41 |
| 2 | 1942 | Zdzisław | Karpiński | 0:45:18.63 | 1:30:43.41 | 1:31:1.75 |