



Grand Prix Krakowa w biegach górskich

7.12.2013

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M-ce	Numer	Zawodnik	Klub	Rok ur.	Kat.	Min/km	2740m	5600m	8340m	Czas netto	Wynik	Strata
1	246	Ewa Gęca		1978	K35	5:44	0:15:56.52	0:31:02.34	0:48:09.66	1:03:13.01	1:03:14.11	+0:00:00.00
2	61	Izabela Hanus	Kraków	1979	K20	5:45	0:15:55.53	0:31:07.47	0:48:08.58	1:03:20.01	1:03:23.43	+0:00:09.32
3	20	Iza Burzyńska	Les Femmes courant dans les For?ts	1980	K20	5:48	0:16:15.31	0:31:34.16	0:48:39.22	1:03:52.86	1:03:57.61	+0:00:43.50
4	270	Bajorek Lidia	Tomaszowice	1967	K35	6:00	0:16:58.27	0:32:52.41	0:50:17.40	1:06:00.85	1:06:04.56	+0:02:50.45
5	42	Asia Garlewicz	thulim team/happy tri frieds	1972	K35	6:06	0:17:17.38	0:32:52.39	0:50:59.70	1:07:15.68	1:07:18.20	+0:04:04.09
6	269	Paulina Wydra	Tri-Strefa	1980	K20	6:08	0:17:37.42	0:33:26.92	0:51:51.81	1:07:31.91	1:07:57.39	+0:04:43.28
7	303	Ozdoba Ewa		1983	K20	6:24	0:16:59.82	0:34:02.30	0:53:04.27	1:10:29.89	1:10:44.83	+0:07:30.72
8	217	Karolina Zajdel	AZS UJ	1992	K20	6:25	0:18:19.55	0:35:37.10	0:54:43.42	1:10:40.22	1:10:54.77	+0:07:40.66
9	340	Ewa Nowak	Żywcem Zabiegani	1976	K35	6:30	0:17:32.03	0:34:35.81	0:54:15.59	1:11:32.93	1:11:35.69	+0:08:21.58
10	243	Paulina Szelerewicz-Gładysz	KW Kraków	1978	K35	6:31	0:00:00.00	0:00:00.00	0:00:00.00	1:11:42.64	1:11:42.64	+0:08:28.53
11	381	katarzyna galewicz		1976	K35	6:31	0:17:50.91	0:35:16.10	0:54:22.00	1:11:49.42	1:11:53.40	+0:08:39.29
12	159	Joanna Rumińska-Pietrzyk	Kraków	1974	K35	6:30	0:18:36.41	0:35:44.18	0:54:58.75	1:11:39.32	1:11:56.63	+0:08:42.52
13	114	Eliza Malawska-Kłusek	Les femmes courant dans les forets	1977	K35	6:35	0:18:13.02	0:35:45.68	0:54:53.96	1:12:30.75	1:12:45.45	+0:09:31.34
14	150	Joanna Pyrek	Kraków	1981	K20	6:37	0:18:20.87	0:35:55.78	0:55:32.44	1:12:47.57	1:12:51.46	+0:09:37.35
15	333	Anna Moskal		1996	K16	6:40	0:18:49.85	0:36:36.90	0:55:44.78	1:13:26.66	1:13:26.66	+0:10:12.55
16	382	Sabina Jedlińska		1988	K20	6:44	0:19:40.63	0:39:07.24	0:57:31.74	1:14:04.25	1:14:22.66	+0:11:08.55
17	115	Maja Małyska	Kraków	1982	K20	6:46	0:19:25.84	0:37:40.02	0:57:07.65	1:14:34.96	1:14:49.20	+0:11:35.09
18	176	Monika Stefańczyk	Les femmes courant dans les for?ts	1980	K20	6:50	0:19:13.86	0:37:28.68	0:57:24.27	1:15:11.56	1:15:26.66	+0:12:12.55
19	31	Agata Drózdź	Team JCET	1986	K20	6:49	0:19:10.93	0:37:35.62	0:57:25.66	1:15:04.19	1:15:34.99	+0:12:20.88
20	314	Dominika Kołtonowska		1991	K20	6:52	0:18:46.15	0:37:12.52	0:57:22.20	1:15:37.63	1:15:46.23	+0:12:32.12
21	357	Pragnąca Milena		1975	K35	6:54	0:18:08.76	0:35:53.11	0:56:09.97	1:15:56.02	1:16:04.25	+0:12:50.14
22	329	Wiktorowicz Anna		1985	K20	7:00	0:19:05.40	0:38:11.68	0:59:18.59	1:17:02.48	1:17:20.67	+0:14:06.56
23	36	Gosia Dzieduszycka	Krakow	1984	K20	7:00	0:19:56.21	0:38:22.98	0:59:14.81	1:17:06.36	1:17:23.07	+0:14:08.96



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24	213	Anna Witkowska	Kraków	1979	K20	7:02	0:20:31.59	0:39:14.13	0:59:25.56	1:17:24.15	1:17:42.14	+0:14:28.03
25	194	Anna Śliwa	Sierosław	1988	K20	7:07	0:20:31.72	0:39:15.00	0:59:25.59	1:18:26.36	1:18:44.12	+0:15:30.01
26	82	Roksana Kluba	Bbl Kraków	1977	K35	7:14	0:20:29.02	0:39:41.26	1:00:55.50	1:19:40.59	1:20:01.18	+0:16:47.07
27	107	Beata Lepiarz	Kraków	1971	K35	7:20	0:20:19.17	0:39:59.35	1:00:36.48	1:20:40.71	1:20:48.73	+0:17:34.62
28	249	Joanna Woźniacka		1988	K20	7:24	0:20:20.17	0:40:24.93	1:02:04.56	1:21:31.05	1:21:44.70	+0:18:30.59
29	252	Katarzyna Szewczyk		1988	K20	7:24	0:20:20.58	0:40:25.95	1:02:05.60	1:21:32.72	1:21:46.26	+0:18:32.15
30	361	Agnieszka Stachura	niezrzeszona	1972	K35	7:25	0:20:28.08	0:39:54.49	1:01:17.66	1:21:37.96	1:21:50.12	+0:18:36.01
31	162	Bożena Seremet	Bbl Kraków	1968	K35	7:38	0:22:05.62	0:42:02.33	1:04:15.12	1:24:07.74	1:24:28.77	+0:21:14.66
32	109	Justyna Lisik	Kraków	1980	K20	7:47	0:20:49.69	0:41:31.92	1:04:05.09	1:25:39.94	1:25:49.56	+0:22:35.45
33	234	Katarzyna Morga		1970	K35	7:48	0:20:15.01	0:41:07.11	1:03:51.97	1:25:48.34	1:25:59.69	+0:22:45.58
34	240	Karolina Kruszyńska	RacingTeam Zawisza Travel	1987	K20	7:49	0:21:32.31	0:41:40.58	1:05:04.82	1:26:08.25	1:26:09.23	+0:22:55.12
35	312	Kinga Stus		1989	K20	7:50	0:20:34.67	0:41:53.30	1:04:37.14	1:26:12.62	1:26:20.23	+0:23:06.12
36	275	Iwona Flaga	Los Pantalones Rojos	1977	K35	7:51	0:22:28.99	0:43:17.34	1:04:18.00	1:26:21.22	1:26:28.16	+0:23:14.05
37	383	Jaśko Katarzyna		1983	K20	7:52	0:21:23.96	0:42:37.93	1:05:44.77	1:26:40.52	1:26:56.94	+0:23:42.83
38	22	Carole Corthesy	not applicable	1980	K20	7:54	0:21:27.05	0:42:55.26	1:05:19.19	1:26:56.20	1:27:15.19	+0:24:01.08
39	403	Moskwa Joanna		1984	K20	7:55	0:22:14.77	0:43:37.88	1:06:04.09	1:27:13.49	1:27:49.77	+0:24:35.66
40	352	Stochel Teresa	AKPT	1953	K50	8:08	0:22:46.03	0:43:59.88	1:07:47.83	1:29:32.23	1:30:01.36	+0:26:47.25

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M-ce	Numer	Zawodnik	Klub	Rok ur.	Kat.	Min/km	2740m	5600m	8340m	Czas netto	Wynik	Strata
1	257	Huzior Piotr	Fake Runners	1972	M35	4:39	0:13:25.01	0:25:24.46	0:39:18.55	0:51:11.95	0:51:13.14	+0:00:00.00
2	260	Bierwawski Piotr	Fake Runners	1977	M35	4:40	0:13:21.11	0:25:34.80	0:39:17.40	0:51:23.74	0:51:25.01	+0:00:11.87
3	354	Kuźniar Marcin	JW 1155 Kraków	1987	M20	4:41	0:13:36.16	0:25:57.59	0:39:46.83	0:51:35.27	0:51:40.98	+0:00:27.84
4	101	Marek Kuryj	Siły Powietrzne	1978	M35	4:44	0:13:35.67	0:25:57.29	0:39:46.47	0:52:07.92	0:52:08.03	+0:00:54.89
5	207	Władysław Wachulec	BBL Kraków	1979	M20	4:48	0:13:24.60	0:25:53.92	0:39:56.55	0:52:56.04	0:52:56.58	+0:01:43.44
6	182	Konrad Swaldek	Kraków	1979	M20	4:49	0:13:45.63	0:25:50.56	0:40:28.82	0:53:09.58	0:53:11.72	+0:01:58.58
7	144	Dominik Piwowarczyk	Dobczyce	1988	M20	4:52	0:13:20.31	0:25:46.48	0:40:04.53	0:53:38.62	0:53:38.92	+0:02:25.78



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8	79	Artur Kijanka	Zielonki	1968	M35	4:53	0:13:42.74	0:26:27.09	0:40:54.25	0:53:44.66	0:53:44.76	+0:02:31.62
9	380	Mirosław Borycki		1976	M35	4:54	0:13:47.56	0:26:34.38	0:41:15.42	0:54:01.60	0:54:05.19	+0:02:52.05
10	286	Rdzanek Michał	AZS AWF MASTERS KRAKÓW	1980	M20	4:55	0:14:10.70	0:27:03.39	0:41:40.46	0:54:11.82	0:54:13.23	+0:03:00.09
11	209	Maciej Więcek	inov-8 / Kraków	1974	M35	4:56	0:14:24.63	0:27:25.90	0:42:02.10	0:54:24.18	0:54:25.98	+0:03:12.84
12	298	Ferenc Kamil		1981	M20	4:57	0:14:05.87	0:27:06.31	0:41:52.21	0:54:37.01	0:54:37.89	+0:03:24.75
13	5	Wojtek Baran	Kraków	1981	M20	4:58	0:14:22.24	0:27:23.42	0:42:21.51	0:54:48.51	0:54:50.70	+0:03:37.56
14	396	Gil Jacek		1978	M35	4:59	0:13:46.88	0:26:52.97	0:42:00.40	0:54:57.50	0:55:00.50	+0:03:47.36
15	365	Pieniądz Krzysztof		1976	M35	5:00	0:14:09.20	0:27:21.49	0:42:12.38	0:55:04.60	0:55:07.23	+0:03:54.09
16	366	Bunsch Łukasz		1985	M20	5:02	0:14:19.93	0:27:37.65	0:42:42.47	0:55:28.94	0:55:32.01	+0:04:18.87
17	23	Cezary Czapczyński	Ultramaraton Podkarpacki Team / Kraków	1977	M35	5:04	0:14:11.15	0:27:42.94	0:42:46.47	0:55:47.24	0:55:52.28	+0:04:39.14
18	112	Andrzej Macioł	AZS-AWF Masters Krakow	1954	M50	5:05	0:14:27.45	0:27:33.39	0:42:29.78	0:56:01.09	0:56:02.00	+0:04:48.86
19	110	Michał Listwan	rowerowanie.pl	1982	M20	5:06	0:13:50.68	0:27:10.62	0:42:36.21	0:56:14.27	0:56:18.42	+0:05:05.28
20	30	Iwo Doboszewski	KTE Czerwony Wieloryb	1989	M20	5:08	0:14:07.33	0:27:40.16	0:43:25.39	0:56:34.49	0:56:40.13	+0:05:26.99
21	274	Malina Piotr		1978	M35	5:10	0:14:57.52	0:28:19.46	0:43:21.60	0:56:51.23	0:56:52.75	+0:05:39.61
22	119	Jarosław Maślanka	Kraków	1973	M35	5:10	0:14:09.57	0:27:41.44	0:43:25.63	0:56:57.72	0:57:00.43	+0:05:47.29
23	1	Wojciech Agiejczyk	AGH Kraków	1985	M20	5:13	0:14:09.95	0:28:23.07	0:43:53.03	0:57:30.43	0:57:30.43	+0:06:17.29
24	174	Paweł Starzak	Inka Running Team	1983	M20	5:13	0:14:14.52	0:27:55.90	0:43:28.49	0:57:29.43	0:57:32.64	+0:06:19.50
25	205	Rafał Tylek	Kraków	1971	M35	5:13	0:14:29.86	0:28:18.19	0:43:50.24	0:57:33.02	0:57:36.64	+0:06:23.50
26	262	Piąstka Tomasz	KKTJ	1976	M35	5:13	0:14:58.69	0:28:47.65	0:44:19.01	0:57:29.37	0:57:38.70	+0:06:25.56
27	343	Michał Kopyczok	Tysława Team	1985	M20	5:15	0:14:35.16	0:28:16.89	0:44:32.30	0:57:49.90	0:57:53.92	+0:06:40.78
28	368	Rafał Brzuchacz	Kraków	1979	M20	5:16	0:14:02.12	0:28:13.60	0:44:05.45	0:57:59.85	0:58:01.88	+0:06:48.74
29	349	Krzysztof Szala		1985	M20	5:16	0:14:45.31	0:28:42.05	0:44:16.71	0:57:59.69	0:58:05.36	+0:06:52.22
30	321	Jakub Jończyk	Mission Impossible Team	1989	M20	5:16	0:14:10.24	0:28:58.44	0:44:39.68	0:58:02.97	0:58:06.66	+0:06:53.52
31	60	Krzysztof Halagarda	PDK / Kraków	1988	M20	5:16	0:14:36.95	0:28:17.76	0:44:13.54	0:58:06.96	0:58:16.26	+0:07:03.12
32	193	Tomasz Ślęzak	Rybna	1971	M35	5:18	0:14:35.84	0:28:34.75	0:44:16.18	0:58:19.33	0:58:20.90	+0:07:07.76
33	124	Rafał Müldner	Kraków	1974	M35	5:18	0:14:43.74	0:28:32.70	0:44:25.91	0:58:21.58	0:58:27.38	+0:07:14.24
34	300	Krzysztofik Mariusz	R7	1981	M20	5:17	0:14:55.07	0:29:02.08	0:44:50.38	0:58:15.95	0:58:32.58	+0:07:19.44
35	69	Patryk Janicki	BBL Kraków/ Pędząca Brygada Juliana	1982	M20	5:20	0:14:29.25	0:28:14.12	0:44:29.88	0:58:48.00	0:58:48.44	+0:07:35.30
36	204	Krzysztof Truchalski	AZS AWF Masters / Kraków	1982	M20	5:20	0:15:10.83	0:29:08.58	0:45:02.61	0:58:42.19	0:58:49.10	+0:07:35.96
37	75	Piotr Kaniewski	Starachowice	1991	M20	5:20	0:15:24.09	0:29:07.35	0:45:05.56	0:58:45.07	0:58:52.45	+0:07:39.31
38	259	Paweł Wiśniewski	16bpd	1974	M35	5:21	0:15:00.84	0:29:04.29	0:45:05.23	0:58:51.41	0:58:54.34	+0:07:41.20



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39	65	Piotr Idzi	Warczące Szprychy	1983	M20	5:21	0:14:50.28	0:28:40.33	0:44:56.19	0:58:51.04	0:58:57.96	+0:07:44.82
40	192	Wojciech Ścieszka	Kraków	1973	M35	5:21	0:14:52.37	0:29:00.51	0:45:19.89	0:58:59.28	0:59:01.07	+0:07:47.93
41	273	Kazimierz Grzyb	AZS AWF Kraków MASTERS	1972	M35	5:22	0:15:22.30	0:29:39.32	0:45:07.70	0:59:05.09	0:59:11.24	+0:07:58.10
42	250	Piotr Hyży		1980	M20	5:22	0:15:28.23	0:29:42.88	0:45:08.40	0:59:08.39	0:59:13.07	+0:07:59.93
43	76	Bartłomiej Karabin	Polowanie na wiewiórkę	1982	M20	5:22	0:15:53.91	0:29:51.70	0:45:42.57	0:59:11.34	0:59:18.20	+0:08:05.06
44	210	Mariusz Wijas	Kraków	1973	M35	5:23	0:15:28.53	0:29:37.03	0:45:24.06	0:59:20.27	0:59:24.42	+0:08:11.28
45	364	Gruca Zdzisław	KKB Dystans	1969	M35	5:29	0:15:05.04	0:29:44.85	0:46:14.86	1:00:24.15	1:00:25.33	+0:09:12.19
46	353	Bobak Piotr	Wks Wawel	1996	M16	5:30	0:14:30.88	0:29:06.43	0:45:13.25	1:00:31.94	1:00:32.30	+0:09:19.16
47	267	Marcin Michałek	KW Kraków	1972	M35	5:29	0:15:33.44	0:29:41.36	0:46:15.61	1:00:26.68	1:00:33.66	+0:09:20.52
48	160	Wojciech Rykała	Myślenice	1977	M35	5:30	0:15:14.51	0:30:07.35	0:46:31.14	1:00:34.63	1:00:39.85	+0:09:26.71
49	327	Mika Artur		1981	M20	5:31	0:14:53.33	0:29:17.68	0:46:06.03	1:00:45.65	1:00:52.03	+0:09:38.89
50	100	Krzysztof Kurek	Kraków	1986	M20	5:33	0:14:59.29	0:29:51.35	0:46:19.22	1:01:05.69	1:01:12.97	+0:09:59.83
51	299	Cebula Leszek		1975	M35	5:34	0:15:17.14	0:29:38.14	0:46:21.65	1:01:24.38	1:01:26.34	+0:10:13.20
52	152	Andrzej Radczak	Kraków	1961	M50	5:36	0:16:09.51	0:30:49.02	0:47:09.64	1:01:41.06	1:01:45.78	+0:10:32.64
53	116	Sławomir Małyza	PZU Sport Team	1971	M35	5:36	0:15:31.56	0:30:36.16	0:47:01.37	1:01:46.05	1:01:50.52	+0:10:37.38
54	370	Tomasz Świerczyński	AZS AWF Kraków Masters	1984	M20	5:37	0:15:08.52	0:29:59.26	0:46:32.52	1:01:57.77	1:02:03.58	+0:10:50.44
55	219	Łukasz Zaziąbł	Kraków	1981	M20	5:38	0:15:47.88	0:30:43.43	0:47:44.67	1:02:08.04	1:02:18.30	+0:11:05.16
56	339	Damian Zegar		1986	M20	5:39	0:15:18.40	0:30:22.51	0:47:30.18	1:02:19.37	1:02:29.60	+0:11:16.46
57	362	Krzystian Kurek		1982	M20	5:41	0:15:57.40	0:31:02.66	0:47:35.58	1:02:32.25	1:02:34.68	+0:11:21.54
58	284	Ząbecki Przemysław	Po co tyle latać	1982	M20	5:41	0:15:47.39	0:31:08.38	0:47:32.81	1:02:35.46	1:02:37.67	+0:11:24.53
59	135	Dariusz Ornatowski	Kraków	1979	M20	5:41	0:15:53.37	0:30:53.45	0:47:47.19	1:02:41.40	1:02:46.57	+0:11:33.43
60	59	Piotr Hajduk	Kraków	1987	M20	5:42	0:16:06.87	0:31:07.88	0:47:55.27	1:02:44.54	1:02:50.31	+0:11:37.17
61	179	Marcin Struś	KW Kraków	1980	M20	5:42	0:16:55.68	0:31:52.75	0:48:32.56	1:02:48.64	1:02:56.86	+0:11:43.72
62	266	Robotycki Filip	VN Yeti	1971	M35	5:42	0:15:29.90	0:30:29.95	0:47:46.11	1:02:52.25	1:02:56.93	+0:11:43.79
63	154	Zbigniew Rajtar	K.N.YETI -Kraków	1959	M50	5:44	0:15:52.90	0:30:56.75	0:47:55.88	1:03:06.50	1:03:10.61	+0:11:57.47
64	272	Szczurek Mirosław	Wks Wawel	1969	M35	5:44	0:16:25.58	0:31:27.31	0:47:56.13	1:03:11.81	1:03:24.07	+0:12:10.93
65	212	Edward Wiorek	Kraków	1962	M50	5:47	0:16:04.53	0:31:01.52	0:48:41.09	1:03:43.71	1:03:48.23	+0:12:35.09
66	374	Krzysztof Koehler		1963	M50	5:48	0:16:28.90	0:31:42.93	0:48:49.66	1:03:49.92	1:04:02.14	+0:12:49.00
67	328	Zieleziecki Wojciech	BBL	1987	M20	5:48	0:16:00.07	0:30:52.06	0:48:34.93	1:03:48.99	1:04:07.61	+0:12:54.47
68	279	Baś Robert	Wertykol bikeBoard Team	1960	M50	5:49	0:15:46.77	0:30:48.89	0:48:23.03	1:04:04.92	1:04:10.00	+0:12:56.86
69	351	Dariusz Gradzi		1983	M20	5:49	0:15:26.01	0:31:24.26	0:48:54.05	1:04:09.68	1:04:13.05	+0:12:59.91
70	359	Świętoń Tomasz		1982	M20	5:48	0:16:49.37	0:32:47.20	0:49:05.89	1:03:58.21	1:04:15.05	+0:13:01.91



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71	271	Marcin Pokrywinski	Tri-Strefa	1981	M20	5:49	0:16:55.93	0:32:55.31	0:49:19.74	1:04:08.04	1:04:32.95	+0:13:19.81
72	332	Pieniądz Bartłomiej		1979	M20	5:52	0:15:50.31	0:31:22.65	0:48:46.60	1:04:36.61	1:04:38.65	+0:13:25.51
73	149	Tomasz Pulchny	htf	1972	M35	5:51	0:16:38.65	0:31:48.16	0:49:02.67	1:04:30.08	1:04:42.74	+0:13:29.60
74	268	Gąsczyk Grzegorz		1974	M35	5:53	0:15:27.17	0:31:14.50	0:48:41.52	1:04:50.37	1:04:53.54	+0:13:40.40
75	258	Radosław Siemiński		1981	M20	5:53	0:16:43.77	0:32:37.55	0:49:51.55	1:04:51.54	1:05:06.53	+0:13:53.39
76	228	Odsterczyk Wojciech		1982	M20	5:53	0:16:19.37	0:31:36.49	0:48:59.64	1:04:51.74	1:05:06.60	+0:13:53.46
77	156	Sebastian Rembisz	Kraków	1976	M35	5:55	0:17:40.25	0:33:08.90	0:50:27.01	1:05:06.94	1:05:21.95	+0:14:08.81
78	355	Groń Adam		1970	M35	5:54	0:17:50.33	0:32:45.73	0:50:18.97	1:05:03.89	1:05:27.54	+0:14:14.40
79	334	Krzysztof Kamiński		1958	M50	5:58	0:16:26.75	0:32:44.97	0:49:53.21	1:05:44.29	1:05:47.33	+0:14:34.19
80	6	Przemysław Basta	Kraków	1980	M20	5:58	0:16:04.35	0:31:22.34	0:49:43.64	1:05:39.44	1:05:49.95	+0:14:36.81
81	123	Jacek Mróz	Kraków	1969	M35	5:58	0:16:12.14	0:32:21.91	0:49:48.20	1:05:46.76	1:05:50.68	+0:14:37.54
82	37	Jerzy Dziobek	Optima Skawina	1959	M50	5:58	0:16:22.42	0:31:20.45	0:49:29.13	1:05:46.39	1:05:53.54	+0:14:40.40
83	369	Cezar Biegun	Biali Kenijczycy	1988	M20	5:58	0:16:45.83	0:32:28.40	0:50:18.59	1:05:48.72	1:05:57.84	+0:14:44.70
84	311	Stanisław Rogasch	BBL Kraków	1965	M35	5:58	0:17:22.08	0:33:11.59	0:50:31.32	1:05:39.60	1:06:06.69	+0:14:53.55
85	309	Żbikowski Dariusz		1982	M20	6:00	0:15:48.17	0:31:44.42	0:50:15.65	1:06:04.56	1:06:12.53	+0:14:59.39
86	253	Orlicki Michał	InterSport Polska	1979	M20	6:01	0:16:15.83	0:32:26.50	0:50:04.60	1:06:13.08	1:06:20.44	+0:15:07.30
87	4	Adam Badyłak	Kopalnia Soli „Wieliczka”	1973	M35	6:02	0:17:04.89	0:32:50.88	0:50:57.00	1:06:23.29	1:06:33.44	+0:15:20.30
88	97	Michał Kucwaj	Kraków	1982	M20	6:02	0:16:41.82	0:32:38.58	0:50:41.15	1:06:30.20	1:06:36.44	+0:15:23.30
89	296	Mateusz Karkula	AZS AWF Masters Kraków	1988	M20	6:03	0:16:22.86	0:32:23.76	0:50:31.36	1:06:35.38	1:06:36.62	+0:15:23.48
90	330	Paweł Wolak		1994	M16	6:01	0:17:44.57	0:33:14.58	0:51:42.74	1:06:19.31	1:06:38.41	+0:15:25.27
91	337	Bęben Jan	JW NIL	1976	M35	6:03	0:16:27.80	0:32:29.66	0:50:11.40	1:06:37.00	1:06:43.67	+0:15:30.53
92	388	Grudniewski Dariusz	RTM Radom	1980	M20	6:03	0:17:49.21	0:33:33.28	0:50:51.51	1:06:33.98	1:06:54.98	+0:15:41.84
93	394	Tomasz Korzański	Nieznani Sprawcy	1980	M20	6:03	0:16:58.58	0:33:04.15	0:51:19.50	1:06:43.61	1:06:56.66	+0:15:43.52
94	195	Piotr Śmigielski	Kraków	1986	M20	6:04	0:17:22.93	0:33:13.92	0:51:01.87	1:06:44.36	1:06:56.75	+0:15:43.61
95	402	Kopkowicz Piotr		1983	M20	6:02	0:17:20.08	0:34:17.98	0:51:43.55	1:06:32.69	1:07:08.66	+0:15:55.52
96	137	Jarek Pełczyński		1985	M20	6:07	0:16:43.14	0:33:04.52	0:51:15.46	1:07:22.41	1:07:27.00	+0:16:13.86
97	263	Aleksander Cebrat	Żywcem Zabiegani	1973	M35	6:07	0:16:28.98	0:32:42.56	0:50:43.65	1:07:25.35	1:07:28.82	+0:16:15.68
98	102	Michael Kwiatkowski	Biali Kenijczycy	1987	M20	6:08	0:16:04.89	0:31:47.08	0:50:50.80	1:07:30.02	1:07:30.02	+0:16:16.88
99	188	Slawomir Szpak	Krakow	1969	M35	6:08	0:16:38.15	0:33:03.50	0:51:12.05	1:07:30.57	1:07:35.98	+0:16:22.84
100	80	Filip Kisiąta	Biali Kenijczycy/Kraków	1979	M20	6:08	0:16:42.93	0:33:30.79	0:50:59.07	1:07:30.41	1:07:36.06	+0:16:22.92
101	56	Zbigniew Grudnik	Wieliczka	1971	M35	6:08	0:16:51.21	0:32:59.75	0:51:01.61	1:07:38.26	1:07:45.74	+0:16:32.60
102	344	Bzowski Michał		1972	M35	6:08	0:16:48.68	0:33:01.33	0:51:36.77	1:07:38.33	1:07:51.58	+0:16:38.44



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103	67	Marcin Jachym	-	1970	M35	6:09	0:17:04.64	0:33:23.51	0:51:32.32	1:07:45.62	1:07:53.53	+0:16:40.39
104	95	Artur Krzystek	Kraków	1974	M35	6:11	0:16:32.20	0:33:10.09	0:51:41.96	1:08:08.24	1:08:11.70	+0:16:58.56
105	313	Adam Kędzierski		1987	M20	6:11	0:16:45.79	0:33:23.99	0:51:20.43	1:08:05.28	1:08:13.05	+0:16:59.91
106	342	Michał Cała	Chciałem Se Pobiegac	1975	M35	6:12	0:17:05.28	0:33:29.82	0:51:43.47	1:08:21.28	1:08:26.69	+0:17:13.55
107	44	Robert Gierula	UBS Running Team	1964	M35	6:12	0:17:34.62	0:33:55.28	0:51:55.76	1:08:14.37	1:08:39.46	+0:17:26.32
108	34	Norbert Dworak	Kraków	1980	M20	6:14	0:17:53.52	0:34:25.46	0:52:23.55	1:08:34.06	1:08:50.23	+0:17:37.09
109	139	Jakub Piech	AZS UJ Kraków / Biała Podlaska	1986	M20	6:17	0:13:43.45	0:26:16.02	0:41:57.99	1:09:07.95	1:09:08.33	+0:17:55.19
110	91	Włodzimierz Kraska	niezrzeszony Krakow	1946	M65	6:16	0:16:46.61	0:33:13.47	0:51:52.54	1:09:03.70	1:09:09.14	+0:17:56.00
111	128	Sławomir Nosal	Tarnów	1970	M35	6:15	0:18:21.76	0:34:46.60	0:52:59.90	1:08:54.12	1:09:12.79	+0:17:59.65
112	348	Marcin Lelek	ctva	1981	M20	6:18	0:17:47.13	0:34:10.50	0:52:58.17	1:09:22.30	1:09:34.10	+0:18:20.96
113	360	Mariusz Kopeć		1988	M20	6:19	0:17:06.39	0:33:58.78	0:52:29.38	1:09:37.27	1:09:42.25	+0:18:29.11
114	25	Tomasz Danielak	Zielonki	1995	M16	6:20	0:18:16.59	0:34:05.97	0:53:03.73	1:09:43.14	1:09:58.28	+0:18:45.14
115	16	Krzysztof Bujak	Kraków	1987	M20	6:22	0:17:17.20	0:34:22.40	0:53:07.95	1:10:02.77	1:10:21.24	+0:19:08.10
116	196	Jacek Śpiewak	Rybna	1973	M35	6:25	0:17:18.26	0:34:13.44	0:54:07.39	1:10:38.30	1:10:52.61	+0:19:39.47
117	131	Michał Obarzanowski	Kraków	1978	M35	6:25	0:17:42.07	0:34:39.39	0:53:56.46	1:10:44.79	1:10:56.44	+0:19:43.30
118	129	Robert Nowak	Żywność Ekologiczna Rusznikarska Kraków	1966	M35	6:26	0:17:43.04	0:34:44.42	0:53:49.14	1:10:53.68	1:11:02.86	+0:19:49.72
119	236	Lizak Łukasz		1976	M35	6:27	0:18:19.20	0:35:04.39	0:54:25.31	1:11:00.07	1:11:17.18	+0:20:04.04
120	53	Tomasz Grądek	Kraków	1974	M35	6:28	0:17:32.87	0:34:19.26	0:53:29.13	1:11:12.60	1:11:21.08	+0:20:07.94
121	126	Andrzej Najder	Kraków	1971	M35	6:28	0:17:28.77	0:34:42.51	0:54:14.71	1:11:17.08	1:11:35.09	+0:20:21.95
122	190	Marcin Szymacha	Wieliczka	1976	M35	6:29	0:18:19.11	0:35:39.29	0:55:01.88	1:11:26.93	1:11:41.17	+0:20:28.03
123	400	Krzysztof Stus		1982	M20	6:30	0:18:10.28	0:35:26.80	0:54:17.27	1:11:36.33	1:11:43.39	+0:20:30.25
124	12	Jan Boczar	Kraków	1980	M20	6:30	0:18:17.40	0:35:19.42	0:54:35.64	1:11:30.12	1:11:45.58	+0:20:32.44
125	316	Mariusz Skonieczny		1976	M35	6:30	0:18:19.75	0:35:35.96	0:54:44.38	1:11:31.48	1:11:54.61	+0:20:41.47
126	167	Andrzej Skotniczny	Skot Pischinger	1972	M35	6:32	0:18:14.07	0:35:26.95	0:54:36.79	1:12:01.88	1:12:21.01	+0:21:07.87
127	227	Stanisław Grabowski	AZS AWF Masters Kraków	1951	M50	6:33	0:18:53.95	0:36:54.09	0:55:18.15	1:12:12.73	1:12:25.31	+0:21:12.17
128	341	Grzegorz Głowiak		1980	M20	6:33	0:17:43.33	0:35:21.46	0:54:12.78	1:12:06.67	1:12:26.70	+0:21:13.56
129	21	Jerzy Chacusi	Kraków	1970	M35	6:34	0:18:07.92	0:35:24.15	0:55:02.63	1:12:20.48	1:12:32.04	+0:21:18.90
130	242	Robert Wróblewski	RacingTeam Zawisza Travel	1972	M35	6:35	0:17:07.52	0:35:59.74	0:55:00.29	1:12:32.67	1:12:34.24	+0:21:21.10
131	297	Krzysztof Łoś	Bikesense	1977	M35	6:37	0:17:54.62	0:36:41.82	0:55:54.60	1:12:51.74	1:13:06.10	+0:21:52.96
132	181	Artur Susz	Kraków	1977	M35	6:38	0:17:31.33	0:35:05.20	0:55:14.40	1:13:07.94	1:13:12.77	+0:21:59.63
133	335	Para Edward		1965	M35	6:39	0:17:15.44	0:34:07.85	0:53:59.51	1:13:14.73	1:13:23.97	+0:22:10.83



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134	265	Grzegorz PRADEL	6 batalion logistyczny	1963	M50	6:41	0:17:55.96	0:35:35.90	0:55:10.59	1:13:39.85	1:13:52.19	+0:22:39.05
135	261	Marian Leśniak	AZS-AWF Kraków Masters	1947	M65	6:42	0:18:04.40	0:35:41.53	0:55:26.42	1:13:47.88	1:13:54.80	+0:22:41.66
136	157	Patrice Ricour	Kraków	1969	M35	6:42	0:18:31.73	0:36:23.18	0:56:18.98	1:13:48.59	1:14:00.79	+0:22:47.65
137	26	Roman Danielak	Zielonki	1967	M35	6:43	0:18:14.87	0:34:04.82	0:57:06.12	1:14:00.50	1:14:17.41	+0:23:04.27
138	84	Tomasz Kobos	Kraków	1988	M20	6:45	0:19:40.94	0:39:07.36	0:57:32.10	1:14:24.67	1:14:26.80	+0:23:13.66
139	184	Krzysztof Szafraniec	Kraków	1970	M35	6:45	0:18:48.12	0:36:34.95	0:56:26.87	1:14:20.81	1:14:41.48	+0:23:28.34
140	224	Piotr Żółtek	Rabka-Zdrój	1969	M35	6:46	0:18:57.54	0:36:58.89	0:56:47.09	1:14:26.60	1:14:44.56	+0:23:31.42
141	467	Roman Zoń		1982	M20	6:46	0:22:01.14	0:44:55.93	1:00:11.78	1:14:30.04	1:14:46.38	+0:23:33.24
142	140	Alexander Piechota	Kraków	1989	M20	6:47	0:19:16.17	0:37:27.32	0:57:00.13	1:14:40.45	1:15:02.62	+0:23:49.48
143	214	Anatol Władyka	Kraków	1973	M35	6:49	0:18:38.93	0:36:41.36	0:56:08.32	1:15:05.66	1:15:15.94	+0:24:02.80
144	203	Grzegorz Tłusty	Kraków	1974	M35	6:49	0:18:46.53	0:36:23.78	0:57:09.12	1:15:03.34	1:15:23.26	+0:24:10.12
145	85	Andrzej Kociołek	Kraków	1970	M35	6:49	0:19:36.78	0:37:23.80	0:57:42.42	1:15:08.44	1:15:32.53	+0:24:19.39
146	346	Gracjasz Jan	GRAB	1955	M50	6:53	0:18:51.84	0:36:50.00	0:57:18.92	1:15:51.10	1:15:56.78	+0:24:43.64
147	113	Mirosław Madej	Kraków	1964	M35	6:53	0:18:12.92	0:35:40.54	0:56:30.95	1:15:44.49	1:16:04.43	+0:24:51.29
148	395	Warwas Krzysztof	Happy Tri Friends	1981	M20	6:55	0:19:21.56	0:37:48.82	0:57:55.18	1:16:07.95	1:16:07.95	+0:24:54.81
149	74	Robert Kania	Kraków	1968	M35	6:53	0:18:58.27	0:37:24.81	0:57:32.53	1:15:53.91	1:16:10.83	+0:24:57.69
150	291	Sebastian Kulczycki	KW Kraków	1972	M35	6:54	0:19:14.86	0:37:46.03	0:57:23.04	1:15:59.93	1:16:15.66	+0:25:02.52
151	72	Marcin Jeżyna	camar.pl / Kraków	1980	M20	6:55	0:18:42.63	0:36:37.76	0:57:19.85	1:16:05.12	1:16:18.01	+0:25:04.87
152	168	Łukasz Skrobot	Kraków	1977	M35	6:55	0:18:15.87	0:36:35.79	0:57:26.59	1:16:09.27	1:16:22.65	+0:25:09.51
153	304	Wojdyła Łukasz	BBL Kraków	1982	M20	6:55	0:19:26.56	0:38:18.36	0:58:04.44	1:16:05.95	1:16:28.58	+0:25:15.44
154	390	Jacek Kruszec		1963	M50	6:56	0:20:03.55	0:38:27.33	0:58:38.49	1:16:20.86	1:16:45.52	+0:25:32.38
155	64	Łukasz Hubka	rowerowanie.pl / Kraków	1982	M20	6:58	0:18:43.77	0:37:09.53	0:57:52.41	1:16:46.85	1:16:59.81	+0:25:46.67
156	347	Barnaś Arkadiusz		1979	M20	6:59	0:19:22.31	0:38:06.01	0:58:26.57	1:16:51.52	1:17:10.86	+0:25:57.72
157	378	Sozański Mikołaj		1987	M20	6:59	0:18:26.22	0:36:27.63	0:58:28.56	1:16:56.62	1:17:18.06	+0:26:04.92
158	198	Arkadiusz Świętochowski	Tarnów	1972	M35	7:02	0:19:01.60	0:37:41.01	0:58:18.50	1:17:28.06	1:17:46.73	+0:26:33.59
159	14	Piotr Borowiecki	Kraków	1964	M35	7:04	0:19:27.42	0:38:14.20	0:58:37.41	1:17:46.68	1:18:10.40	+0:26:57.26
160	392	Łach Piotr		1974	M35	7:08	0:18:37.36	0:37:54.02	0:59:02.77	1:18:35.47	1:18:37.40	+0:27:24.26
161	127	Tadeusz Nazim	Skawina	1948	M65	7:11	0:19:09.78	0:38:08.49	0:59:19.36	1:19:09.68	1:19:16.47	+0:28:03.33
162	223	Piotr Zwonek	eXrowerowanie.pl Kraków	1967	M35	7:13	0:20:09.58	0:39:09.28	1:00:30.98	1:19:30.26	1:19:38.02	+0:28:24.88
163	86	Łukasz Kopka	Kraków	1981	M20	7:13	0:19:08.89	0:38:13.46	0:59:41.88	1:19:25.73	1:19:46.90	+0:28:33.76
164	87	Wojciech Kopka	Rząska	1951	M50	7:15	0:20:27.98	0:40:09.67	1:00:20.63	1:19:50.48	1:20:11.73	+0:28:58.59



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165	241	Dąbrowski Michał		1967	M35	7:19	0:19:26.37	0:39:39.25	1:01:23.23	1:20:33.39	1:20:56.68	+0:29:43.54
166	70	Andrzej Jarzyna	running.krakow.pl	1977	M35	7:21	0:20:15.98	0:40:06.00	1:01:43.02	1:20:56.85	1:21:09.88	+0:29:56.74
167	387	Babiarz Filip		1988	M20	7:21	0:18:28.83	0:36:27.44	0:58:33.64	1:20:59.84	1:21:21.37	+0:30:08.23
168	345	Markiewicz Damian	Markiewicz Team	1978	M35	7:26	0:18:54.03	0:38:58.28	1:00:31.54	1:21:55.41	1:22:17.35	+0:31:04.21
169	302	Szpigiel Paweł		1976	M35	7:33	0:19:10.96	0:38:51.13	1:01:13.60	1:23:04.50	1:23:14.41	+0:32:01.27
170	320	Łukasz Borowiecki		1989	M20	7:38	0:20:41.91	0:41:16.43	1:03:24.37	1:23:58.28	1:24:19.93	+0:33:06.79
171	385	Gutkowski Łukasz		1981	M20	7:48	0:20:38.23	0:41:54.21	1:03:58.91	1:25:51.20	1:26:02.22	+0:34:49.08
172	103	Mateusz Kwinta	iRMA	1973	M35	7:49	0:20:24.60	0:41:11.49	1:04:10.37	1:26:00.09	1:26:10.57	+0:34:57.43
173	120	Maciej Mierzwa	Ściana Trzciana	1967	M35	7:50	0:22:28.96	0:43:17.21	1:04:17.91	1:26:20.82	1:26:28.33	+0:35:15.19
174	77	Zdzisław Karpiński	WITAR Tarnobrzeg	1942	M65	7:52	0:22:39.10	0:43:47.01	1:05:48.20	1:26:42.14	1:26:58.92	+0:35:45.78
175	319	Mieczysław Nowak	Ars Band Michałowice	1956	M50	8:01	0:22:23.53	0:43:46.82	1:07:16.90	1:28:17.29	1:28:46.04	+0:37:32.90
176	310	Andrzej Jarząbek	www.marcingorka.pl	1962	M50	8:16	0:21:22.40	0:43:45.36	1:07:59.61	1:31:00.58	1:31:17.91	+0:40:04.77
177	28	Łukasz Dewera	Kraków	1982	M20	8:49	0:23:05.44	0:46:41.07	1:11:47.65	1:37:04.88	1:37:26.66	+0:46:13.52