

6000m

| # | Numer | Nazwisko, imię | Klub | Miasto | Netto | Czas | Strata |
|----|----------|---------------------|-------------------------------------|---------------|------------|------------|-------------|
| 1 | [844] | GARBACIK Michał | WKS Wawel | | 0:22:00.31 | 0:22:00.31 | +0:00:00.00 |
| 2 | [25] | BIEDERMAN Marcin | WKS Wawel | Maszków | 0:24:05.54 | 0:24:05.54 | +0:02:05.23 |
| 3 | [1228] | SKORUPA Marek | WKS WAWEL | | 0:24:24.46 | 0:24:25.81 | +0:02:25.50 |
| 4 | [1262] | KUCA Kacper | WKS WAWEL | | 0:24:42.69 | 0:24:44.46 | +0:02:44.15 |
| 5 | [1253] | MUCHA Mateusz | | | 0:24:44.02 | 0:24:45.45 | +0:02:45.14 |
| 6 | [55] | GAJKOWSKI Bartosz | WKS Wawel | Kraków | 0:24:46.34 | 0:24:46.34 | +0:02:46.03 |
| 7 | [1247] | JĘDRASZCZYK Mateusz | Biegowe Tatry | | 0:25:15.50 | 0:25:15.50 | +0:03:15.19 |
| 8 | [292] | STANEK Jurek | WKS Wawel | Kraków | 0:25:13.30 | 0:25:15.69 | +0:03:15.38 |
| 9 | [1120] | JANICKI Patryk | Poranny Patrol | Kraków | 0:25:30.09 | 0:25:31.25 | +0:03:30.94 |
| 10 | [233] | WAŚNIEWSKI Piotr | parkrun Kraków | Kraków | 0:25:31.79 | 0:25:32.55 | +0:03:32.24 |
| 11 | [1187] | SCHAB Krzysztof | | Kraków | 0:25:44.80 | 0:25:46.60 | +0:03:46.29 |
| 12 | [1127] | KALISIAK Dawid | UKS AZYMUT PABIANICE | Pabianice | 0:25:48.36 | 0:25:48.98 | +0:03:48.67 |
| 13 | [116] | KRYGIER Marcin | Szybkobieżny ŻÓŁw | gdynia | 0:25:54.53 | 0:25:54.78 | +0:03:54.47 |
| 14 | [13] | BABULA Przemysław | | | 0:25:50.65 | 0:26:15.60 | +0:04:15.29 |
| 15 | [308] | ZDZIEBŁO Marcin | Straż Pożarna | Żory | 0:26:30.51 | 0:26:30.73 | +0:04:30.42 |
| 16 | [23] | BERNASIEWICZ Marcin | Am Nat | Kraków | 0:26:29.90 | 0:26:32.80 | +0:04:32.49 |
| 17 | [29] | BODURKA Adam | | Zakopane | 0:27:24.34 | 0:27:25.53 | +0:05:25.22 |
| 18 | [212] | STAROWICZ Adrian | KS Cracovia 1906 | Kraków | 0:27:36.13 | 0:27:38.29 | +0:05:37.98 |
| 19 | [1201] | TARGOSZ Michał | I Ty Możesz Być Wielki ITMBW KRAKÓW | Kraków / Roma | 0:28:00.16 | 0:28:01.30 | +0:06:00.99 |
| 20 | [1211] | WIOREK Rafał | | Kraków | 0:28:00.40 | 0:28:05.91 | +0:06:05.60 |
| 21 | [1151] | MACHALICA Jan | | Kraków | 0:28:00.32 | 0:28:06.57 | +0:06:06.26 |
| 22 | [39] | DRZNIEWICZ Maciej | | Kraków | 0:28:18.60 | 0:28:19.51 | +0:06:19.20 |

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| 23 | [95] | KELLER Dariusz | Night Runners | Kraków | 0:28:27.30 | 0:28:27.30 | +0:06:26.99 |
| 24 | [306] | WÓJCIK Grzegorz | WKS Wawel | Kraków | 0:28:30.20 | 0:28:30.20 | +0:06:29.89 |
| 25 | [152] | MARKOWICZ Szymon | | Krosno | 0:28:26.17 | 0:28:31.52 | +0:06:31.21 |
| 26 | [1083] | BARSZCZ Rafał | | Jasło | 0:28:19.36 | 0:28:36.32 | +0:06:36.01 |
| 27 | [91] | KALICIŃSKI Bogusław | | Kraków | 0:28:39.38 | 0:28:39.92 | +0:06:39.61 |
| 28 | [1183] | RIABKOW Pavlo | 5 minut dla siebie | Kraków | 0:28:45.98 | 0:28:51.06 | +0:06:50.75 |
| 29 | [1263] | ROLSKI Wiktor | | | 0:28:40.65 | 0:28:54.01 | +0:06:53.70 |
| 30 | [98] | KIJAK Jakub | WKS Wawel | | 0:28:52.13 | 0:28:54.17 | +0:06:53.86 |
| 31 | [58] | GARBACIK Maja | WKS Wawel | Kraków | 0:29:08.08 | 0:29:10.69 | +0:07:10.38 |
| 32 | [121] | KUNZ Tomasz | | Kraków | 0:29:13.72 | 0:29:19.13 | +0:07:18.82 |
| 33 | [62] | GEDL Przemysław | | Kraków | 0:29:23.13 | 0:29:25.99 | +0:07:25.68 |
| 34 | [24] | BIEDERMAN Adrianna | WKS Wawel | Kraków | 0:29:34.39 | 0:29:36.43 | +0:07:36.12 |
| 35 | [236] | WIŚNIEWSKI Paweł | WKS Wawel | Krakow | 0:29:45.07 | 0:29:46.92 | +0:07:46.61 |
| 36 | [1099] | DROPEK Sławomir | | | 0:29:48.66 | 0:30:01.40 | +0:08:01.09 |
| 37 | [1242] | CZAPLA Przemek | WKS WAWEL | | 0:30:08.54 | 0:30:11.10 | +0:08:10.79 |
| 38 | [19] | BARWA Wojciech | | Spytkowice | 0:30:13.58 | 0:30:14.18 | +0:08:13.87 |
| 39 | [1169] | ORDZOWIAŁY Piotr | Team Rapacz | Osielec | 0:30:16.53 | 0:30:16.53 | +0:08:16.22 |
| 40 | [120] | KUNZ Marcin | | Kraków | 0:30:23.23 | 0:30:29.17 | +0:08:28.86 |
| 41 | [237] | WOJCIESZEK Damian | I TY MOŻESZ BYĆ WIELKI - ITMBW KRAKÓW | Szydłowiec | 0:30:24.16 | 0:30:33.09 | +0:08:32.78 |
| 42 | [1106] | GALLA Zofia | HKS Azymut Mochy | Poznań | 0:30:42.63 | 0:30:45.12 | +0:08:44.81 |
| 43 | [87] | JAMBORSKI Łukasz | Night Runners | Kraków | 0:30:51.64 | 0:30:58.81 | +0:08:58.50 |
| 44 | [1171] | PACHURA Kinga | Ceneria.pl/Goryonline.com | Mszana Dolna | 0:31:14.87 | 0:31:19.17 | +0:09:18.86 |
| 45 | [185] | PRĘCIKOWSKI Ryszard | | | 0:31:26.39 | 0:31:43.21 | +0:09:42.90 |
| 46 | [45] | DZIEDZIC Krzysztof | | Kraków | 0:31:27.92 | 0:32:07.73 | +0:10:07.42 |
| 47 | [112] | KOZDRA Aleksandra | | Stalowa Wola | 0:31:37.47 | 0:31:45.99 | +0:09:45.68 |
| 48 | [1238] | MYSTEK Bogdan | OSU TEAM Olkusz | | 0:31:49.02 | 0:32:00.59 | +0:10:00.28 |
| 49 | [1229] | WAŚOWICZ Jakub | | | 0:31:53.22 | 0:31:53.22 | +0:09:52.91 |
| 50 | [301] | TYLEK Konrad | Crazy Dragons | 0 | 0:32:13.60 | 0:32:39.79 | +0:10:39.48 |
| 51 | [1260] | LEWANDOWSKI Karol | | | 0:32:18.93 | 0:32:22.67 | +0:10:22.36 |

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| 52 | [1193] | STĘPIEŃ Małgorzata | | Kraków | 0:32:22.82 | 0:32:29.34 | +0:10:29.03 |
| 53 | [267] | GRABOWICZ Andrzej | WKS Wawel - BnO | Kraków | 0:32:24.46 | 0:32:30.47 | +0:10:30.16 |
| 54 | [1172] | PALEJ Michał | Miastologia | Kraków | 0:32:26.62 | 0:32:38.16 | +0:10:37.85 |
| 55 | [289] | RYCHLIK Magdalena | I Ty Możesz Być Wielki - ITMBW Kraków | Wilkowice | 0:32:27.09 | 0:32:36.43 | +0:10:36.12 |
| 56 | [1226] | LISTEK Marta | WKS WAWEL | | 0:32:41.01 | 0:32:41.01 | +0:10:40.70 |
| 57 | [1160] | MUTER Łukasz | Nowa Huta Team | Kraków | 0:32:41.26 | 0:33:00.35 | +0:11:00.04 |
| 58 | [1107] | GAŁ Wojciech | | Murzasichle | 0:32:50.06 | 0:33:04.10 | +0:11:03.79 |
| 59 | [1192] | STER Maciej | Miastologia | Kraków | 0:32:54.31 | 0:33:09.11 | +0:11:08.80 |
| 60 | [210] | STANEK Rafał | Zabierzów biega | Karniowice | 0:33:07.80 | 0:33:14.74 | +0:11:14.43 |
| 61 | [1237] | IZDEBSKI Mariusz | OSV TEAM | | 0:33:19.17 | 0:33:31.55 | +0:11:31.24 |
| 62 | [167] | PAJDA Grzegorz | Le Scandale | Krakow | 0:33:20.80 | 0:33:25.35 | +0:11:25.04 |
| 63 | [133] | LIGĘZA Joasia | Smashing pApkins | Kraków | 0:33:31.31 | 0:33:39.81 | +0:11:39.50 |
| 64 | [1180] | PRZYBYŁO Ewelina | | | 0:33:31.69 | 0:33:48.91 | +0:11:48.60 |
| 65 | [314] | BISZTYGA Sabina | E Skadra Kraków | | 0:33:33.38 | 0:33:50.99 | +0:11:50.68 |
| 66 | [1148] | LATAŁA Jarosław | Biegam bo lubię Kraków | Kraków | 0:33:35.25 | 0:33:41.92 | +0:11:41.61 |
| 67 | [1096] | DĄBROWSKI Adrian | | Kraków | 0:33:42.50 | 0:34:08.07 | +0:12:07.76 |
| 68 | [1164] | OCHAB Michal | FKS Stal Mielec | Krakow | 0:34:04.79 | 0:34:21.36 | +0:12:21.05 |
| 69 | [124] | LACHOWICZ Jakub | | | 0:34:06.46 | 0:34:07.18 | +0:12:06.87 |
| 70 | [52] | FORYTEK Józef | | | 0:34:20.97 | 0:34:31.95 | +0:12:31.64 |
| 71 | [46] | DZIERWA Hanna | KS KOŚCIELEC CHRZANÓW | CHRZANÓW | 0:34:32.52 | 0:34:32.52 | +0:12:32.21 |
| 72 | [1166] | OLIINYK Alona | WKS Wawel | | 0:34:50.13 | 0:34:58.05 | +0:12:57.74 |
| 73 | [202] | SŁOŃSKA Zofia | WKS Wawel Kraków | Kraków | 0:34:53.55 | 0:34:59.22 | +0:12:58.91 |
| 74 | [175] | PILCH Łukasz | probalans.pl | Kraków | 0:34:54.31 | 0:35:13.18 | +0:13:12.87 |
| 75 | [96] | KIC Łukasz | | | 0:34:56.26 | 0:35:04.97 | +0:13:04.66 |
| 76 | [28] | BLAUT Marcin | Night Runners | Kraków | 0:35:04.54 | 0:35:28.76 | +0:13:28.45 |
| 77 | [240] | WÓJCIK Natalia | Wks Wawel | Kraków | 0:35:11.19 | 0:35:16.76 | +0:13:16.45 |
| 78 | [1218] | ZAJĄCZKOWSKA Sylwia | | Markajmy | 0:35:12.28 | 0:35:38.04 | +0:13:37.73 |
| 79 | [298] | TOPÓR Magdalena | WKS Wawel Kraków | Kraków | 0:35:21.01 | 0:35:27.30 | +0:13:26.99 |
| 80 | [48] | FEC Agnieszka | | Kraków | 0:35:23.52 | 0:35:44.25 | +0:13:43.94 |

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| 81 | [1190] | SOŁTYSIK Anna | Night Runners | Nowy Sącz | 0:35:34.21 | 0:35:44.97 | +0:13:44.66 |
| 82 | [256] | BERNASIEWICZ Justyna | CF Kraków | Kraków | 0:35:35.96 | 0:35:47.77 | +0:13:47.46 |
| 83 | [1215] | WÓJCIK Paweł | Wks Wawel | Kraków | 0:35:41.98 | 0:35:49.56 | +0:13:49.25 |
| 84 | [1] | GARBACIK Wojciech | FC Baryczka Bryczka | Kraków | 0:35:45.83 | 0:36:07.91 | +0:14:07.60 |
| 85 | [304] | WIECZERZAK Izabela | Miastologia | Kraków | 0:35:49.54 | 0:36:04.19 | +0:14:03.88 |
| 86 | [270] | JANIAK Mariusz | 0 | Kraków | 0:36:00.42 | 0:36:26.64 | +0:14:26.33 |
| 87 | [1196] | STYRNA Janusz | | Kraków | 0:36:12.11 | 0:36:24.61 | +0:14:24.30 |
| 88 | [197] | SĘK Marek | Aktywna Strona Życia | Kraków | 0:36:18.65 | 0:36:37.17 | +0:14:36.86 |
| 89 | [274] | KOCOŃ Joanna | Night Runners | Kraków | 0:36:36.75 | 0:37:05.64 | +0:15:05.33 |
| 90 | [162] | NAZIM Tadeusz | -- | Skawina | 0:36:44.41 | 0:37:04.60 | +0:15:04.29 |
| 91 | [1124] | JURECKI Filip | kukuczsport.pl | Krakow | 0:36:56.26 | 0:37:24.53 | +0:15:24.22 |
| 92 | [1232] | PASADYN Marcin | rankingzawodow.pl | | 0:37:09.24 | 0:37:31.78 | +0:15:31.47 |
| 93 | [76] | GROMNY Konrad | | | 0:37:11.14 | 0:37:40.25 | +0:15:39.94 |
| 94 | [1186] | SAPA Jacek | | | 0:37:12.82 | 0:37:36.01 | +0:15:35.70 |
| 95 | [101] | KISIELEWSKI Michał | | Kraków | 0:37:17.59 | 0:37:22.27 | +0:15:21.96 |
| 96 | [181] | PORĘBSKA Dorota | NOWA HUTA TEAM | Kraków | 0:37:27.77 | 0:37:47.71 | +0:15:47.40 |
| 97 | [254] | BAJOŁEK Aleksandra | NIGHT RUNNERS | kraków | 0:37:30.43 | 0:37:52.81 | +0:15:52.50 |
| 98 | [275] | KOŁODZIEJ Hanna | 0 | 0 | 0:37:44.79 | 0:37:54.19 | +0:15:53.88 |
| 99 | [1111] | GÓRNIAK Przemysław | | Kraków | 0:37:46.71 | 0:38:02.68 | +0:16:02.37 |
| 100 | [165] | NYCZ Monika | | Kraków | 0:37:52.75 | 0:38:21.63 | +0:16:21.32 |
| 101 | [281] | MICHALCZAK Paweł | 0 | 0 | 0:38:14.57 | 0:38:39.18 | +0:16:38.87 |
| 102 | [1103] | DZIEDZIC Joanna | | | 0:38:14.69 | 0:38:50.10 | +0:16:49.79 |
| 103 | [227] | TRZCIONKA Justyna | Night Runners | Kraków | 0:38:17.03 | 0:38:43.78 | +0:16:43.47 |
| 104 | [319] | BUGAJ Teresa | WKS WAWEL | Kraków | 0:38:22.46 | 0:38:32.86 | +0:16:32.55 |
| 105 | [1248] | BIRCZYŃSKI Paweł | Kraków | | 0:38:34.24 | 0:38:34.24 | +0:16:33.93 |
| 106 | [1212] | WOJAKOWSKI Piotr | Beer Bros Runners | | 0:38:38.53 | 0:39:03.35 | +0:17:03.04 |
| 107 | [110] | KOSMAŁA Joanna | KOSMAŁA Team | Kraków | 0:38:41.95 | 0:38:57.05 | +0:16:56.74 |
| 108 | [1152] | MAKUCH Sara | Gdzie Ta Meta | Warszawa | 0:38:46.27 | 0:39:01.97 | +0:17:01.66 |
| 109 | [1162] | NOWAK Barbara | | Kraków | 0:38:59.98 | 0:39:28.98 | +0:17:28.67 |

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| 110 | [1231] | MYRLAK Mirosław | rankingzawodow.pl | | 0:39:05.57 | 0:39:28.52 | +0:17:28.21 |
| 111 | [1184] | SAJDAK Piotr | | Kraków | 0:39:06.21 | 0:39:16.82 | +0:17:16.51 |
| 112 | [221] | ŚWIERCZYŃSKA Gabriela | | Kraków | 0:39:24.39 | 0:39:51.63 | +0:17:51.32 |
| 113 | [295] | SZYMACHA Maciej | 0 | Wieliczka | 0:39:35.50 | 0:39:45.91 | +0:17:45.60 |
| 114 | [1094] | CHODUR Karolina | miastologia | kraków | 0:39:35.69 | 0:39:50.40 | +0:17:50.09 |
| 115 | [296] | SZYMACHA Marcin | 0 | Wieliczka | 0:39:38.00 | 0:39:49.30 | +0:17:48.99 |
| 116 | [153] | MARS Maksymilian | Ericpol RunTime | Kraków | 0:39:50.92 | 0:39:56.64 | +0:17:56.33 |
| 117 | [97] | KIEŁBASA Janusz | | Kraków | 0:39:52.21 | 0:40:15.86 | +0:18:15.55 |
| 118 | [1147] | KWASEK Kazek | ESKADRA KRAKÓW | Bibice | 0:40:29.17 | 0:40:42.70 | +0:18:42.39 |
| 119 | [1233] | JUREK Weronika | rankingzawodow.pl | | 0:40:31.86 | 0:40:54.48 | +0:18:54.17 |
| 120 | [1150] | LISIAK Michał | Uks Libero Bogatynia | Bogatynia | 0:40:36.58 | 0:40:46.93 | +0:18:46.62 |
| 121 | [1133] | KLAŚ Justyna | Nowa Huta Team | Kraków | 0:41:08.84 | 0:41:29.13 | +0:19:28.82 |
| 122 | [174] | PILCH Anna | probalans.pl | Kraków | 0:41:12.36 | 0:41:31.19 | +0:19:30.88 |
| 123 | [130] | LEWANDOWSKI Krzysztof | | Kraków | 0:41:19.37 | 0:41:32.19 | +0:19:31.88 |
| 124 | [21] | BEMBEN Anna | | Nowa Sarzyna | 0:41:23.17 | 0:42:18.68 | +0:20:18.37 |
| 125 | [209] | SROKA Zuzanna | | Kraków | 0:41:27.41 | 0:41:58.59 | +0:19:58.28 |
| 126 | [1156] | MICEK Kamil | | Kraków | 0:41:34.53 | 0:42:07.97 | +0:20:07.66 |
| 127 | [1118] | HRYŃ Agata | night runners | kraków | 0:41:51.51 | 0:42:17.30 | +0:20:16.99 |
| 128 | [1199] | TARASIEWICZ Franciszek | Forex Bad Boys | Kraków | 0:41:51.59 | 0:42:22.87 | +0:20:22.56 |
| 129 | [1200] | TARASIEWICZ Marcin | Forex Bad Boys | Kraków | 0:41:52.67 | 0:42:23.67 | +0:20:23.36 |
| 130 | [207] | SROKA Joanna | | Kraków | 0:42:00.69 | 0:42:33.22 | +0:20:32.91 |
| 131 | [258] | BOSAK Piotr | Feniks2016 | Kraków | 0:42:12.29 | 0:42:29.53 | +0:20:29.22 |
| 132 | [1223] | KOWAL Natalia | KS Kościelec | Chrzanów | 0:42:23.98 | 0:42:23.98 | +0:20:23.67 |
| 133 | [138] | LORENC Pawel | | | 0:42:32.49 | 0:43:03.89 | +0:21:03.58 |
| 134 | [208] | SROKA Marcin | | Kraków | 0:42:33.02 | 0:43:05.90 | +0:21:05.59 |
| 135 | [1249] | WRÓBLEWSKA-GAWEŁ Agnieszka | | | 0:42:34.61 | 0:42:34.61 | +0:20:34.30 |
| 136 | [1138] | KOPTA Jerzy | Cwałujące Dziadki | Kraków | 0:43:57.56 | 0:44:22.62 | +0:22:22.31 |
| 137 | [1264] | LEWIŃSKA Sylwia | | | 0:43:59.07 | 0:44:24.67 | +0:22:24.36 |
| 138 | [104] | KOCH Michał | | Olkusz | 0:44:07.26 | 0:44:34.40 | +0:22:34.09 |

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| 139 | [131] | LEWANDOWSKI Maciej | | Kraków | 0:44:22.69 | 0:44:35.92 | +0:22:35.61 |
| 140 | [92] | KAMIŃSKA Halina | | | 0:44:41.10 | 0:44:50.04 | +0:22:49.73 |
| 141 | [1243] | GAWRON Radosław | Running and dreaming | | 0:44:50.44 | 0:45:19.89 | +0:23:19.58 |
| 142 | [1098] | DOMAGAŁA Patrycja | | Kraków | 0:45:05.25 | 0:45:05.25 | +0:23:04.94 |
| 143 | [1225] | WOŹNIAK Barbara | KS Limanowa Forrest | | 0:45:21.84 | 0:45:21.84 | +0:23:21.53 |
| 144 | [305] | WOJTUSIK Dominika | Decathlon Kraków Plaza | Proszowice | 0:45:34.66 | 0:46:09.97 | +0:24:09.66 |
| 145 | [1191] | STAWSKA Natalia | Nowa Huta Team | Kraków | 0:49:17.64 | 0:49:50.30 | +0:27:49.99 |
| 146 | [1123] | JURECKA Dominika | kukuczsport.pl | Krakow | 0:50:44.17 | 0:51:11.55 | +0:29:11.24 |
| 147 | [137] | LORENC Joanna | | | 0:50:58.38 | 0:51:30.22 | +0:29:29.91 |
| 148 | [136] | LORENC Jakub | | | 0:51:02.58 | 0:51:35.16 | +0:29:34.85 |
| 149 | [1] | NOWAK Robert | Poranny Patrol | Rząska | 1:00:34.92 | 1:00:37.78 | +0:38:37.47 |
| 150 | [172] | PEKALA Magda | Night Runners | Kraków | 1:04:07.40 | 1:04:42.19 | +0:42:41.88 |
| 151 | [144] | MAJOR Zbigniew | Night Runners | Kraków | 1:04:07.66 | 1:04:42.08 | +0:42:41.77 |
| 152 | [299] | TOPÓR Michał | WKS Wawel Kraków | Kraków | 1:04:16.56 | 1:04:24.13 | +0:42:23.82 |
| 153 | [1163] | NOWAK Monika | | Ostrowiec Świętokrzy | 1:07:02.05 | 1:07:02.05 | +0:45:01.74 |
| 154 | [205] | SOZAŃSKI Mikołaj | | Kraków | 1:10:08.54 | 1:10:12.63 | +0:48:12.32 |
| 155 | [244] | ZEGARMISTRZ Grzegorz | | Kraków | 1:10:22.70 | 1:10:33.63 | +0:48:33.32 |
| 156 | [1261] | BUJAK Piotr | | | 1:21:01.07 | 1:21:30.37 | +0:59:30.06 |
| 157 | [54] | GABRIEL Aleksandra | Nowa Huta Team | Kraków | 1:23:51.03 | 1:24:11.54 | +1:02:11.23 |